

# HEALTH DISPARITIES

Unhealthy diet, physical inactivity, tobacco use and abuse of alcohol increase risk for poor health in every population segment.

## TOP KILLERS AMONG ALL RACES AND ETHNICITIES. heart disease & cancer

### WHITE OR CAUCASIAN

1. Heart disease
2. Cancer
3. Stroke
4. Chronic lower respiratory disease
5. Unintentional injuries
6. Alzheimer's disease
7. Diabetes
8. Influenza and pneumonia
9. Kidney disease
10. Suicide

### NATIVE AMERICAN

1. Heart disease
2. Cancer
3. Unintentional injuries
4. Diabetes
5. Chronic liver disease
6. Chronic lower respiratory disease
7. Stroke
8. Suicide
9. Kidney disease
10. Influenza and pneumonia

### ASIAN AMERICAN

1. Cancer
2. Heart disease
3. Stroke
4. Unintentional injuries
5. Diabetes
6. Influenza and pneumonia
7. Chronic lower respiratory disease
8. Suicide
9. Kidney disease
10. Alzheimer's disease

### AFRICAN AMERICAN

1. Heart disease
2. Cancer
3. Stroke
4. Diabetes
5. Unintentional injuries
6. Kidney disease
7. Chronic lower respiratory disease
8. Homicide
9. Septicemia
10. Alzheimer's disease



### PACIFIC ISLANDER

1. Cancer
2. Heart disease
3. Stroke
4. Unintentional injuries
5. Diabetes
6. Influenza and pneumonia
7. Chronic lower respiratory disease
8. Suicide
9. Kidney disease
10. Alzheimer's disease

### LATINO AMERICAN

1. Cancer
2. Heart disease
3. Unintentional injuries
4. Stroke
5. Diabetes
6. Chronic liver disease
7. Chronic lower respiratory disease
8. Influenza and pneumonia
9. Homicide
10. Kidney disease

## We're Much the Same...

- The top 2 causes of death in every population are heart disease and cancer.
- Stroke is in the Top 4 for every population except Native Americans (7).
- With only five exceptions, the Top 10 are the same for all populations.

## ...and Different

- Chronic liver disease is a Top 10 disease among Native Americans (5) and Latino Americans (6).
- Homicide is a Top 10 killer among African Americans (8) and Latino Americans (9), but these are the only populations in which suicide is not among the Top 10.
- African Americans are the only population for which influenza and pneumonia are not Top 10 diseases. Septicemia (bacteria in the blood) is.
- Alzheimer's disease is not among the Top 10 for Native Americans or Latino Americans.