Sample Social Distancing Policy Statement

Social distancing is one of the health and safety interventions that will be used to reduce the likelihood of transmitting infectious diseases like COVID-19. Social distancing involves minimizing exposure to infected or potentially infected individuals (e.g., workers and vendors) and the public by avoiding group gatherings, adhering to spacing requirements in the workplace and following proper personal hygiene practices (e.g., hand hygiene and coughing and/or sneezing etiquette).

**Name of the Company** will practice social distancing by limiting person-to-person contact to a minimum of six feet (6-Foot Rule). All employees will follow the 6-Foot Rule on the jobsite, whether indoors or outdoors. Specific 6-Foot Rule guidelines include:

- Practicing social distancing at all times, including at crew meetings/toolbox talks.
- Avoiding face-to-face meetings; conducting meetings via conference call or using virtual meeting tools as much as possible. Do not convene meetings of more than 10 people. Critical situations requiring in-person discussion will occur outside if possible and must still follow the 6-Foot Rule.
- A “No Congregation” policy is in effect. Maintain social distancing during breaks and when eating. **You may take a lunch break, but the 6-Foot Rule doesn’t.**
- Meeting and lunchroom seating will be adjusted to eliminate large gatherings. Small break areas will be used with limited seating. If break areas cannot be adjusted, all employees should take steps to follow the 6-Foot Rule (e.g., sit adjacent to each other rather than directly across, eat in areas outside of work areas).

Other specific guidelines related to this policy include:

- Avoiding enclosed areas like trailers and tight/confined spaces.
- Multi-person activities will be limited through the use of work practices, unless otherwise infeasible (e.g., two-person lifting).
- No food trucks or communal food will be brought onto the site at this time.
- All employees must practice good hand hygiene by washing their hands often with soap and water for at least 20 seconds; if soap and water are not available, use an alcohol-based hand sanitizer with at least 60 percent ethanol or 70 percent isopropanol.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Practice good coughing and sneezing etiquette.
  - Cover your mouth and nose with a tissue when you cough or sneeze.
  - Put your used tissue in the trash.
  - If you don’t have a tissue, cough or sneeze into your upper sleeve, not your hands.

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